

Directory of Spiritual Directors, Therapists, & Retreat Centers, 2010

Spiritual Directors

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Nancy	Burchett ✓	1457 Dos Palos Dr. Walnut Creek 94597 925-932-1868 nfburchett@astound.net	Trained at Mercy Center; spiritual director for 15 yrs.; member of spiritual direction team at San Damiano Retreat; has taught meditative practice and journaling as a contemplative practice; is a former nurse with hospice experience and is currently a writer and retreat leader. Will travel to Berkeley to meet with directees.	Will pick up directees at Walnut Creek BART sta.	Fee negotiable.
Virginia	Chase ✓	1798 Scenic Ave. Berkeley, CA Field Ed office. 510-849-8261 510-223-3845 (home) vchase@psr.edu	Ordained United Methodist elder; pastored local churches and served as Director of Chapel and Spiritual Life at Iliff School of Theology in Denver; spiritual director's certification from Mercy Center; special interest in women's, GLBT, and clergy issues; adjunct professor in spirituality.	1 block from CDSP; 15 min. walk from Downtown Berkeley BART sta.; local bus stop on the block..	Fee negotiable.
Sarah	Cozzi ✓	Founding Director of Celebrate Living: Enhancing Christian Communities Berkeley and Hayward 510.435.3599 sarah@celebrateliving.org	GTU Masters: Christian Ministry/adult faith formation. "Spirit. Dir. is purposeful attention given to the presence of God in all aspects of life & the ways in which we respond to that presence. ...I listen with you, without judgment, to the movements of God in your life. Together we focus on your relationship with God & look for opportunities for you to draw closer in relationship with God."		Cost shouldn't be a prohibitive factor in spiritual direction & so I offer fee range of \$20 - \$50 per session. Additional student discounts are available.

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Jennie K.	Curtis ✓	510-610-4614 jenniekc@aol.com	Spiritual director for 4 yrs.; Mercy Center Spiritual Direction Certification; works with a range of spiritual paths; passion for dreamwork; experience with Ignation Exercises, group direction, and centering prayer.	One mile from BART sta. in Walnut Creek; willing to meet with directees in Berkeley.	Asks for offering of \$5-50.
Charity	Denlinger	415-235-0390 SpiritualDirectorSF@gmail.com	M.Div. at PSR; graduate from Mercy Center's Spiritual Director's Institute. Special interests include working with LGBTQQIA (lesbian, gay, bi, trans, queer, questioning, intersex, ally or advocate) folks.	The San Francisco meeting location is accessible by BART/MUNI.	The cost of sessions is negotiable.
Peggy	Dwyer, CSJ ✓	919 Village Center #8 Lafayette, CA 94549 925-283-9951 Peggd36@att.net	Spiritual director since 1977; Marriage & Family therapist since 1992; does dreamwork; has taught meditation and done retreat work; does individual and group direction; Roman Catholic.	Near Lafayette BART and bus route.	Fee negotiable.
Terry Gilmaster	Ebinger ✓	<u>Albany</u> : 1229 Marin Ave, 510-496-6060 <u>San Mateo</u> : 122 Second Ave; 650-347-6605; circleofdreams.net ; dreamterry@gmail.com	Interfaith Spiritual Director, Chaplaincy Institute trained. Masters degree in clinical counseling. Jungian psychology, ancient wisdom, depth divination, active witnessing, ancestral healing. Sanctuary group spiritual direction. Cinema Divina spiritual direction retreats. 20 yrs exper. w/ ministers, seminarians, 12 steps, sexual orientation.	<u>Albany</u> : Near Bart & bus lines. <u>San Mateo</u> : Near Caltrain & bus lines.	Contact for fee information.
Michael James	Guimon ✓	2406 Virginia Street Berkeley CA 94709 510-849-2726 (hm) 708-420-5432 (cell)	Spiritual Direction. Friar Servant of Mary (Servites). Is a hospital chaplain.		Contact for fee information.
Barbara	Hazzard, OSB ✓	3745 Elston Ave. Oakland, CA 94602 HESEDONE@aol.com	Spiritual director for 30 yrs.; current director of Hesed Community, a Benedictine non-resident community whose work is the practice and teaching of Christian meditation.	BART and bus	\$35-50

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Joann	Heinritz CSJ SABBATICAL 2009-2010	2025 Durant Ave. #308 Berkeley, CA 94709 510-665-9840 joannheinritz@earthlink.net	Sister of St. Joseph of Carondelet; spiritual director for over 20 yrs. in retreat settings and with individuals. Masters Degree in theology and spirituality, and certified massage practitioner (embodied spirituality).	Downtown Berkeley – Bus or BART	Sliding scale \$30 ---
Interfaith	Counseling Center ✓	San Francisco Theological Seminary 2 Kensington Road San Anselmo, CA 94960 415-258-6652	Spiritual direction is offered at the Lloyd Center satellite office (Durant House, 2345 Channing Way, Berkeley 94704), next to First Congregational Church. 510-225-5595	Approx. a mile south of GTU	Sliding scale available (contact Interfaith Counseling)
Anne	Jensen ✓	865 Walavista Ave. Oakland, CA 94610 510-251-1706 annehj@aol.com	15 yrs. experience, including working with students at Berkeley Div. School at Yale and Yale Div. School; ordained Episcopal priest; various experience in spirituality and retreats, as well as parish and campus experience.	Bus route within a block	Sliding scale \$25-45 Willing to reduce or waive fee for those in financial need
Mercy	Center	Marilyn Granucci, Spiritual Direction Interviewer Mercy Center 2300 Adeline Drive Burlingame, CA 94010	Ms. Granucci conducts the discernment interview in person or on the phone with individuals seeking spiritual direction to determine their needs/desires, and provides 2-3 contacts for the individual to determine which director is most appropriate. The Center is a location resource for some 40 trained and experienced spiritual directors across the Bay Area; they vary in faith tradition and background.	Shuttle from Millbrae BART sta. to Mercy Center from approx. 7:00-9:00 a.m. and leaving from Mercy Center at approx. 3:30-5:30 p.m.	\$35 donation for discernment interview; fees vary; no one turned away from interview because of lack of funds.
Ann	Naffziger ✓	1212 Versailles Ave. Alameda, CA 94501 510-521-8011 ann@paulandann.org	GTU graduate; background in parish ministry and hospital chaplaincy; trained spiritual director; Twelve Step work; Enneagram; women's issues; grief work.	One mile from BART sta. Director will pick directees up from BART if needed.	Sliding scale \$15-45
Mary Joann	Lindenfeld ✓	2025 Durant Ave., #211 Berkeley, CA 94704-1506 510-540-0796 maryjoanncsj@aol.com 2010 SABBATICAL	Roman Catholic religious with Sisters of St. Joseph of Carondelet, ministering in pastoral service, education, social justice and health care; graduate study at UCLA, USC, Oxford, and FST/GTU; member of spiritual directors' team at Franciscan Retreat Center in Danville, CA; works with retreatants and private clients.	Located in downtown Berkeley, but usually sees seminarians at a GTU location.	Fee negotiable

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Marg	Lynch (SNJM) ✓	510-653-3486 **Is seeking more students as directee**	Training at La Casa de la Luz in Lafayette, CA, and at Mercy Center at Burlingame, CA. Background: hospital chaplain, hospice worker, & bereavement counselor.		Contact for fee information
Cecile	Lyons	415-563-7220 ckplyons@aol.com	Spiritual Direction; candidate for a diploma in the arts of spiritual direction at SFTS.		Contact for fee information
Victoria S.	MacDonald	2 locations: 3030 Ashby Ave. Ste 111-A Berkeley, CA 94705 and 419-B 8th Street Santa Rosa, CA 95401 925-451-8180 (both locations) victoriamacd@yahoo.com	Spiritual Dir. for over 5 years. Masters in Spirituality from University of Creation Spirituality, 1999. Over 20 yrs of retreat ministry; Program Administrator at San Damiano from '96-'04. Interested in: interfaith; transition; mind, body, spirit integration; sexual orientation/relationship/ministerial/clergy issues.	BART and bus accesible	Standard fee; negotiated and sliding scale available
Nancy M.	McKay ✓	2214 Browning Street Berkeley, CA 94702 510-843-7160 Ndmckay2@comcast.net	PSR MDiv '81. Pastored for 10 years; 14 years as spiritual director; teach healing prayer; Bio-spiritual focusing; 11 years since serious cancer diagnosis; a "born again grandma"- more love, joy, hope and patience.		Sliding scale between \$35 and \$70.
Joellynn	Monahan ✓	the Spiral Way 510/684-8634 theSpiralWay@gmail.com	The Spiral Way - Providing interfaith spiritual direction and formation, pastoral care, retreat facilitation, and officiation at rituals of celebration. Clients include faith communities; seminarians, clergy and religious leaders; persons interested in exploring their faith and/or spirituality; individuals, couples; and families marking life passages. Experience with clients from diverse backgrounds including: race, class, ethnicity, gender, sexual orientation, ability, religious affiliation and/or spiritual path. Particular interest in young adult spirituality, including clergy/religious leaders under 40. Member of Spiritual Directors International. Accessible location; near AC Transit bus and BART lines, plenty of street parking.	Accessible location; near AC Transit bus and BART lines, plenty of street parking.	Financial/Other: sliding scale; location is accessible
Zoe	Newman ✓	1940 Virginia Street Berkeley, CA 94709 510-527-9061 znewman@juno.com	Spiritual Direction certification from Mercy Center; Masters in Clinical & Transpersonal Counseling Psych.; MFC; BA in Indian Philosophy, Humanistic Psychology & Religious Studies; dream group leader and psychotherapist; Quaker & Catholic background; Buddhist meditation experience.	10 min. walk from BART; one block from Shattuck & MLK buses; 10-15 min. walk from GTU	Sliding scale

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Daniel Prechtel ✓	2337 Greenwich Road San Pablo, CA 94806 224-636-2874	"I'm an Episcopal priest providing personal and group spiritual direction since 1988. I was adjunct faculty at Seabury-Western Theological Seminary (1997-2009) in	Can meet on campus or skype.	Negotiable. Generally \$50-\$100 for 60 minute individual sessions,
	dprechtel@lministries.com OR dprechtel@sbcglobal.net www.lministries.com Can also arrange to meet on campus. Will skype individual sessions.	Evanston, IL, teaching spiritual direction and group models of spiritual formation. Seabury chaplain (2006-2008). Directed certificate programs in spiritual companionship group leadership through Lamb & Lion Spiritual Guidance Ministries and the Institute of Spiritual Companionship (ISC) in Evanston. Practicum supervisor and faculty ISC for six years. Upper Room Academy of Spiritual Formation from 1988-1990. Doctor of Ministry (DMin.) in 2002 focused on spiritual discernment for individuals and communities. LGBT friendly. Dreamwork is a special interest. I am an oblate with a Benedictine monastery. I serve as a spiritual companion to people as they explore their deep truths; and I trust that the Spirit is our surest guide. I moved to the East Bay area in 2009 due to my wife's teaching position at CDSP."		none turned away for finances. Around \$20-\$30 per person for 90 minute group sessions (minimum of four directees in the group).
Jan Robitscher ✓	2634 Virginia St., #32 Berkeley, CA 94709 510-549-1575 jbrobit@aol.com	Episcopal layperson; MDiv/MA (liturgy); Nashotah House Seminary (1983); attended Summer Institute in Spiritual Direction and Mercy Center; faculty member, School for Deacons; "I like the Benedictine approach of a balanced life of work, study and prayer and see spiritual direction as a time of prayerful conversation."	block and a half from CDSP; accessible by BART and the 65 and F buses or the Cal shuttle @ 50 cents.	No fee
Clare Ronzani ✓	Franciscan School of Theology 1712 Euclid Berkeley, CA (510) 848-5232 ext. 14 510-352-6765 cronzani@fst.edu	Spiritual director and group facilitator; works with Myers-Briggs Type Indicator & Enneagram. Teaching: spirituality: women's studies; transitions; liberation/justice spirituality; Thomas Merton. **Not accepting new directees 2009-2010 school year**	FST within walking distance of PSR	Sliding scale

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Jean Sauntry ✓	809 42 nd Street Oakland, CA 94608 510-428-0917 jwsauntry@aol.com	Roman Catholic Sister of St. Joseph; MDiv from Weston Jesuit School of Theology with practicum in spiritual direction from the Center for Religious Development, Cambridge, MA; M.A. in Applied Theology from GTU; spiritual direction with JSTB & SAT Sabbatical Program; over 25 yrs. experience in spiritual direction, retreat work & workshops; experience in supervising potential spiritual directors; student of Eastern spirituality.	Four blocks from MacArthur BART sta.	\$50/hr.
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The Society	of St. Francis ✓	San Damiano Friary 573 Dolores St. San Francisco, CA 94110 415-861-1372 judehillssf@aol.com	Episcopal religious order. Brother Jude is a priest, Jungian therapist and spiritual director. Several of the brothers are spiritual director; please contact Bro. Jude for referrals. The rest of the community offers hospitality every Saturday evening with worship and dinner. http://www.s-s-f.org/index.html	J Line at 18 th Street, or the 33 bus	Contact Bro. Jude for fee info.
Patricia	St.Onge ✓	Seven Generations Consulting and Coaching PO Box 9921 Oakland, CA 94613 Phone: 510-530-2448 Fax: 510-530-2728 www.seven-generations.org pstonge@pacbell.net	Spiritual Direction		Contact for fees
John	Stansbury ✓	951 Park Lane Oakland, CA 94610-1122 510-451-0944 (hm) 510-910-5585 (cell) jostansbury@earthlink.net (home email)	Episcopal layperson; attorney and management consultant; attended Shalem Institute's Program for Spiritual Directors; co-founder of Pacific Center for Spiritual Formation; has spent 23 years learning and teaching contemplative prayer; interested in breath prayer.		GTU students \$25/session
Linda S.	Taylor ✓	St. Mark's Episcopal Church 1957 Pruneridge Avenue Santa Clara, CA 95050 canonlinda@st-marks.org 408-296-8383	Episcopal priest and canon; MDiv CDSP, 1999; Mercy Center 3-yr. Spiritual Direction Program and Group Spiritual Direction Program; 12 yrs. experience as spiritual director; special interest in vocational discernment.	Santa Clara Transit bus stop is about 2 blocks away at the corner of Winchester and Pruneridge.	Sliding scale, contribution to the discretionary fund.
Lauren	Van Ham ✓	ljoyvh@yahoo.com (510) 665-8368	Interfaith minister, hospital chaplain. Background: arts, comparative religion; holistic approach to spiritual direction. Welcomes all faith traditions/spiritual practices, invites artwork, dreamwork, meditation in sessions to fully engage one's spiritual autobiography as grounds for transformation. Received training from Naropa Univ., and The Chaplaincy Institute for Arts and Interfaith Ministries. Completed chaplaincy residency at St. Mary's Medical Center in SF & continues to serve patients, family members, and staff.		\$50-\$25, sliding scale

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Psychotherapists

These therapists have indicated that they include or are willing to consider a spiritual dimension in their counseling.

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Sarah R.	Ackerman ✓	2955 Shattuck Ave, Ste. 6 Berkeley, CA 94705 510-649-8870	MA; "I provide psychotherapy to individuals and couples who are experiencing distress in their lives due to a wide range of issues including: relationship problems, depression, anxiety, life transitions, work issues, parenting, and trauma history. I'm trained in psychodynamic and behavioral therapy, and am GLBT sensitive."	Near Ashby BART sta. and Shattuck Ave. bus lines	\$125 (different if client is using managed care) Mind-Body Skills Group \$45 per week for 8 weeks.
Jane	Allen ✓	1940 Virginia Street Berkeley, CA 94709 510-237-2210	Graduated CDSP 1987. Licensed MFT since 1991; integrates spirituality and depth psychotherapy; Jungian approach; intuitive and interactive; uses dreamwork, guided meditations, dialoguing and personal mythology; issues such as relationships, anxiety, depression, career, inner critic, boundaries.	10-15 min. walk from BART sta. (10 min. walk from the GTU)	Sliding scale \$70-95 First session free
Steven G.	Baum ✓	5665 College Ave, #330 A Oakland, CA 94618 510-287-9024 sbaump Syd@hotmail.com	Psy.D.; brief and long term psychotherapy for individuals and couples. "My aim is to bring a sense of peace and contentment to my clients by helping to bring about wide reaching and long lasting life changes."	Rockridge BART and AC Transit lines stop across the street	\$110/session; some sliding scale availability
Maxine	Berzok ✓	445 Bellvue Ave Suite 203 Oakland, CA 94610 510-517-1515	Psy.D; "I am a licensed clinical psychologist whose work is present-centered, strengths-based, and relational in a self-psychology model"; works with adults, individually and as couple; anxiety, depression, situational and transitional stress; counsels seriously ill clients, and individuals and families dealing with older adult issues.	Accessible by bus and by walking from the Ashby BART station.	\$125/session; sliding scale when warranted

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Anna	Billings ✓	609 Kearney Street El Cerrito, CA 94530 510-524-0833 700 E Street, suite 208 San Rafael, CA 94901 510-524-0833 zinja@comcast.net www.soulworkjourneys.com	MA; 25 yrs. in private practice; relationship counseling; self-esteem issues; grief counseling; trauma release; stress mgt.; helps unlock creativity blocks and conquer procrastination; skilled in EMDR, Gestalt, transpersonal psychology, addiction recovery, depression, anxiety; soul work (that honors the individual's spiritual orientation).	3 blocks from El Cerrito Plaza BART station; bus lines along San Pablo Ave.	Reduced fee available for seminarians
Greg	Brian ✓	2315 Prince Street Berkeley, CA 94705 510-888-3477 www.gregbrian.com	MA, MFT; over 10 yrs' experience working with adults, adolescents, and children aged 6 and up in individual, family and couples therapy. Expertise in the grief process, depression and anxiety, substance abuse, communication and parenting skills, self-esteem issues, obsessive/compulsive disorders, and recovery from trauma and abuse.	One block south of the Whole Foods Grocery at the corner of Ashby and Telegraph.	Sliding scale \$70-100/hr. Does accept some insurances.
Claire B.	Capor ✓	2714 Telegraph Ave. Berkeley, CA 94705 510-649-1273, ext. 2 clairec05@sbcglobal.net .	MSW; individual, couple, group counseling; 30 yrs. counseling experience ranging from serious mental disorders (depression, bipolar, anxiety) to relationship problems; faith issues; "meaning of life" issues.	The 40, 40L, 64 buses stop in front; 5 block walk from College Ave. buses.	Self pay - \$95 Will consider fee down to \$60
Catherine	Cheyette ✓	1229 Marin Ave. Albany, CA 94706 510-526-5911 ccheyette@hotmail.com	LCSW; clinical practice for 18 yrs; works with adults, couples and teens. Specialties: working with those struggling with life transitions or loss (e.g. divorce, relocation, death, job changes, birth of child), depression, issues of self-esteem.	Yes, bus	\$90/hr; sliding scale
Rusa	Chiu ✓	1939 Divisadero Street, Suite 1 San Francisco, CA 94115 415-922-6103	Clinical Psychologist; clinical training at California Institute of Integral Studies; works with couples and individuals in spiritual direction and psychotherapy; will work with adolescents; offices in SF and Marin		Sliding scale fee
Ruth Ann	Clark ✓	Interfaith CounselingCenter @ SFTS 2 Kensington Road San Anselmo, CA 94960 415-258-6652	M.Div., D.Min.; Diplomate, American Assoc. of Pastoral Counselors; Clinical Member, American Association of Marriage and Family Therapists. (Other therapists and pastoral counselors are available at Lloyd Center Pastoral Counseling Svcs.)		Contact the Interfaith Counseling Center

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Marion	DeCourdreux ✓	2927A Shattuck Ave. Berkeley, CA 94705 510-540-4859 mariondec27@comcast.net **Not accepting new patients Fall 2009**	MA; experience as elementary school teacher, psychotherapist and supervisor. "I work with adolescents, individual adults, and couples. Psychodynamic work, as well as sandtray, EMDR. My orientation to psychotherapy is transpersonal, eclectic."	Near Ashby BART sta.	\$80-110; sliding scale
Patricia G.	Ditton ✓	2428 Dwight Way Berkeley, CA 94704 510-339-8458	PhD; general practice – psychotherapy, couples, individuals; mood disorders, eating disorders, step-families. "Although my father was an Episcopal clergyman, I do not feel competent to engage in spiritually based counseling."	Accessible by bus	Cash \$80
Micky	Duxbury ✓	2434 Milvia St., Suite B Berkeley, CA 94704 510-848-0240 mickydux@earthlink.net	MA, MFT – 20+ yrs. experience; work with individuals and couples.	Central Berkeley, Dwight & Milvia; bus and BART	Sliding scale \$60-100
Ofra	Eldor ✓	2718 Telegraph Ave, #210 Berkeley, CA 94705 (510) 486-0200 oeldor@comcast.net	MA; bi-lingual and bi-cultural marriage & family therapist; specialties include: PTSD, children and adolescents using family systems approach as well as play and sandtray therapies; treat diversity concerns, anxiety and depressions; work with families, couples, and step families; work with first generation immigrants and their families.	Walk from BART; also accessible by buses	Sliding scale \$85-115

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Sandra	Fershtman ✓	609 Kearney Street El Cerrito, CA 94530 510-524-2411	Licensed MFT; work regularly with individuals and couples; spacious wheelchair accessible office; has led a women's abuse group for several years at a Berkeley chemical dependency program. Background includes working in community mental health rehabilitation facilities with a wide range of clients and their families.	Located a few blocks from El Cerrito Plaza BART Station and one block from San Pablo Ave. where several buses run.	Sliding scale \$60-80
Peter E.	Freedman ✓	3031 Telegraph Ave, Ste. 103 Berkeley, CA 94705 510-549-3287	MD; "I offer psychotherapy and medicine, if appropriate, along with the psychotherapy."	Buses stop in front of the office; BART – Ashby Sta. is about a one-mile walk	Case by case
Barry	Friedman ✓	17 Armanino Court Oakland, CA 94618 510-287-9140	MDiv , MFT Psychotherapist; MA in Psychology; Licensed family therapist; Ph.D. South Asian Languages and Civilizations/historian of Religion; depth psychotherapy: Healing of unresolved issues and feelings; recovery from depression, anxiety, and addiction; develop healthy relationships; identify your life calling; spiritual direction. My work has been augmented by prayer, Buddhist meditation and T'ai-Chi Chuan.		Individual sessions: \$125-165 Depth Psychotherapy Group: \$50 and negotiable.
Alyson	Giardini ✓	1861 Solano Ave Suite 202 Berkeley, CA 94707 510-594-4066 alyson@stanfordalumni.org www.freewebs.com/alyson	MA; marriage & family therapist; individual and couple counseling with people in transition or coping with anxiety, depression or childhood issues; special focus on GLBT individuals, as well as folks dealing with cross cultural or bicultural issues. "I support clients pulling from their spiritual beliefs and community as sources of strength and support."	#43 bus runs down Solano Ave.; office is near stop by BART tracks.	Sliding scale \$85-125; some insurances accepted. See website for details.
Bill	Glenn ✓	45 Franklin Street San Francisco, CA 415-250-0138	Psychotherapist; PSR grad (M.Div.); spiritual direction. Works almost exclusively in San Francisco, but does have some clients in Santa Rosa		Contact for fee information.

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Deborah M.	Graudenz ✓	1534 Solano Ave., Albany, CA 94707 (510) 466-5590 Fax: (925) 685-9682 graudo1@pacbell.net	MA; both brief and long-term therapy specializing in children, adolescents and families; has included the spiritual dimension with some Jewish clients.	Buses; about 5 blocks from both Berkeley and Ashby BART stations.	\$130 with sliding scale down to \$100. Accepts some insurances.
Allan	Grill ✓	1035 San Pablo Ave., Ste. 5 Albany, CA 94706 510-232-1630	MS; licensed Marriage & Family Therapist since 1989; individual and couple therapy for variety of life issues and transitions; short and long-term therapy; specialties include work with GLBT clients, physical and cognitive disabilities, and caregiver-related issues.	Buses; BART to either El Cerrito or North Berkeley, then bus to Albany.	Private pay & provider for various insurance companies
Gina	Hassan ✓	1600 Shattuck Ave. Berkeley, CA 94709 510-644-1097 ghassanphd@sbcglobal.net	PhD; brief and longer term therapy; depression, anxiety, loss, grief, transitions, relationships, pre-natal and post partum mood disorders; adjustment.	BART or bus	\$95-125

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Ben A.	Kanne ✓	350 Berkeley Park Blvd. Kensington, CA 94707 510-525-0505 11740 Dublin Blvd. St. 206 Dublin, CA (same phone number)	MA; psychotherapy for individuals, couples, and families; divorce and stepfamily issues; depression and anxiety; PTSD.	Near El Cerrito BART station; bus to Colusa Circle where office is located.	Sliding scale \$80-140
Paul	Katz ✓	2006 Dwight Way #101 Berkeley, CA 94704 510-913-1538 paulkatz@flash.net	PhD; licensed MFT since 1983; doctorate in public health related to stress management, health promotion and wellness; focus more on strengths, resources and relationships than on individual pathology.	Bus or BART	\$100/ will negotiate down to \$60
Mary J.	LaGue ✓	1400 Shattuck St. 7 Berkeley, CA 94709 510-589-4805	PhD; clinical psychologist with diverse background having worked with indigent populations, children, mothers – infants, couples and individuals; current practice is primarily individual adult clients. “My work is informed by object relations theory: psychodynamic theory. I am Episcopalian with an interest in Buddhism.”	Bus lines 7, 9 and 43; also about 8 blocks from Downtown Berkeley BART station.	Full fee is \$120/hr. I am able to reduce fee as necessary.
Janet M.	Latoures ✓	910 Tulare Avenue Berkeley, CA 94707 510-287-5596 janetlatoures@yahoo.com *also has office in Corter Madera*	MCSW; has worked with couples, families, adolescents and adults; returned to formal training in a 2-yr. intensive program in psychodynamic therapy at the Psychotherapy Institute in Berkeley; particular interest in depression, anxiety, trauma, grief and loss, and multicultural issues. “One of my primary areas of interest is the intersection of spirituality and psychotherapy.”	BART and bus	Sliding scale \$60-110

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Josie	Levine ✓	2220 Mountain Blvd, Ste. 240 Oakland, 94611. 510-524-1720 www.drjosielevine.com josie@drjosielevine.com	PhD Clinical Psychology 1993; trained at Jung Institute, San Francisco and UCSF Mt. Zion; specialty: death, dying, grief, loss, chronic illness, pet-assisted therapy. “I respect & inquire into my clients’ spiritual beliefs. When relevant I suggest utilizing this dimension. My own background is Jewish/ Buddhist.”	AC Transit Buses 43, 9, 7.	\$150 Sliding scale possible
Josiane V.	Lismay ✓	2120 6 th St., Unit 5 Berkeley, CA 94710 415-409-1055 jlismay@pacbell.net	PhD; treat individuals, couples and adolescents in weekly psychotherapy; interested in long-term depth oriented treatment. Also has an office in S.F. at 1771 Union street with the same telephone number as for the Berkeley office.	Bus	\$100-165 per hour. Accepts several insurances
Rita D.	Lowitt ✓	6239 College Ave., Ste. 303 Oakland, CA 94618 510-428-0247 rdlowitt@pacbell.net	MFT; MA in counseling at USF; private practice since 1991; individuals, couples, families, students; lovely Rockridge office. Mailing address: P.O. Box 427, Ukiah, CA 95482.	Buses in Berkeley & Oakland to College Ave.; BART Rockridge station	Fee negotiable

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Paula M.	Mandel ✓	1905 Berkeley Way Berkeley, CA 94704 510-339-9001	PhD; offers psychotherapy to individuals and couples, from a psycho-dynamic orientation; treats clients with depression, anxiety, relationship problems, eating disorders, trauma history, substance use, and life phase/ transition/ career issues.	Berkeley office a few blocks from Downtown Berkeley BART station; SF office on Sacramento St. near many bus lines.	\$70-120 based on financial necessity
Arlene B.	Marcus ✓	2000C Dwight Way Berkeley, CA 94704 510-527-8849 mamarcus@cal.berkeley.edu	PhD; treats adolescents and adults, and has been doing so for 27 yrs; particularly experienced in the problems of young adults; works only Mon, Tues, and Wed.	10 min. walk from Downtown BART sta.	Blue cross, Blue Shiild, Aetna, Cigna, health net, Vale Options, Great West, Magellen, United Behavioral health, Tri West. Does NOT accept Medicare and MediCal.
Anne O.	Marshall ✓	1398 Solano Avenue Suite 3 Albany CA 94706 510-220-0808 aomارش@pacbell.net	PhD Clinical Psychology, Wright Institute, Berkeley, 1996.	Bus to Solano Avenue	Full private fee is \$150; sliding scale possible.
Dr. Jeanne	Menary ✓	2714 Telegraph Ave. Berkeley, CA 94705 510-845-4656 925-360-7939	Psychotherapy in a supportive environment for individuals and couples; short-term, long-term or crisis work; experience with diverse population including divinity students; interests: psychodynamic therapy, posttraumatic stress, bereavement, issues of faith and spirituality and women's health issues.		Sliding scale (\$100-130) and insurance.
Marc D.	Miller ✓	908 Tulare Ave. Albany CA 94707 510-528-4441 millerphd@sbcglobal.net	Psy.D; psychologist in private practice for 23 yrs; short and long-term; depression, gay/lesbian, PTSD.	Bus	Sliding scale beginning at \$80/ hr.
Paul J.	Minsky ✓	1749 MLK Jr. Way Berkeley, CA 94709 510-524-0700	PhD; licensed psychologist since 1979; in private practice; eclectic, pragmatic, cognitive-behavioral approach, with spiritual sensitivities; work primarily with adult individuals on a broad range of issues/ goals.	Bus stop within 1 block; walking distance to BART.	On most insurance plans; no fee info. given.
Zoe	Newman ✓	1940 Virginia Street Berkeley, CA 94709 510-527-9061 znewman@juno.com (also on SD list)	Spiritual Direction certification from Mercy Center; Masters in Clinical & Transpersonal Counseling Psych.; MFC; BA in Indian Philosophy, Humanistic Psychology & Religious Studies; dream group leader and psychotherapist; Quaker & Catholic background; Buddhist meditation experience.	10 min. walk from BART; one block from Shattuck & MLK buses; 10-15 min. walk from GTU	Sliding scale

Directory of Spiritual Directors, Therapists, & Retreat Centers, 2010

Cory M. Nyamora ✓	6536 Telegraph Avenue, Suite C201, Oakland, CA. 94609 (O) 510-708-1586 drnyamora@sbcglobal.net www.corynyamora.com	Psy.D. Licensed Psychologist. Short & long-term psychotherapy for adults, adolescents and children. Depression and anxiety; culture and ethnicity; sexual orientation; gender identity; intimacy and relationship concerns; child and adolescent psychology; trauma; immigration and acculturation; spirituality; sports psychology; and work concerns. The underlying thread of my work is helping clients live more fulfilling and balanced lives - mentally, physically, emotionally, and spiritually.	Bus / BART	Sliding Scale and will soon be on some insurance panels
Bonita Ann Palmer ✓	3667 A 20th St. San Francisco, CA 94110 415-550-7900 (wk and fax) bonita.ann.palmer@sbcglobal.net	MD, MFT, DASD, MDiv., MA; Spiritual Director working with all faiths and paths. Member: Spiritual Directors International; Professed, Anglican 3rd Order of the Society of St. Francis. Depth Jungian Psychotherapist: dreamwork, guided imagery, body/awareness, sexuality issues, spiritual emergence, Reiki meditation, tarot. Integral Counseling Psych. Mind/Body Medicine Consultation private practice.		Accepts all major insurance, or Sliding scale.
Karena B. Passaro ✓	5665 College Ave Suite 340 B Oakland CA 94618 510-352-7005	Doctorate in Clinical Psychology. Individual therapy for issues related to anxiety, depression, grief, body image, sexuality, relationships, and life changes.		Sliding scale available.
Candice Perez Pattee ✓	30008a College Avenue Berkeley, CA 94705 510-849-9010	MS; works with individual adults who are dealing with depression, anxiety, grief/loss, low self-esteem, trauma, crisis or life transitions; uses talk therapy together with EMDR and somatic experiencing.	#51 bus stops in front of office	\$85 plus sliding scale
Ilene Philipson ✓	5478A College Avenue Oakland, CA 94618 510-869-5201 iphilipson@earthlink.net	PhD in Sociology & Clinical Psychology; treats depression, anxiety, work/school-related issues and relationship issues, PTSD and manic depression; works with gay patients and people from a variety of cultures and ethnicities.	2-3 blocks from Rockridge BART station; College Ave. bus stops one block away	\$80-110 depending on ability to pay
Mushulam Plaves ✓	2340 Ward St., Suite 102 Berkeley, CA 94705 510-549-3944 mplaves@aol.com	PhD; private practice since 1985; see adults, couples, and adolescents.	Bus, and 10-min. walk from BART	Some sliding scale
Psychology Clinic at UC Berkeley ✓	2205 Tolman Hall #1650 University of California Berkeley, CA 94720-1650 Offices: 2nd Floor of Tolman Hall, the northwest corner of the UCB campus. Open from Sept. to May. Contact person:	We provide mental health services to Berkeley and surrounding Bay Area communities. Services include psychotherapy for adults, children, families & couples; psychological assessment; & community consultation and preventative interventions. We also provide referrals to appropriate agencies. To arrange a consultation, you may call 510-642-2055. Appointments can generally be arranged within 10 days of the time you call.		The consultation session costs \$20. Thereafter, fees are based on a sliding scale ranging from \$15-\$80 per session.

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	Laura Mason Ph: 510-642-2055 Fax: 510-643-1922	Appointments are scheduled from 9am-5pm weekdays and from 5-7pm on Tues and Thurs evenings.		
Elaine G. Reichert ✓	St. John's Episcopal Church 1707 Gouldin Road Oakland, CA 94611 1605 Vendola Drive San Rafael, CA 94903 415-472-6143 Elaine@stjohnsoakland.org	Licensed MFT and spiritual director; ordained Episcopal priest, CDSP grad; Uses prayer, dream work, guided imagery, and journaling as the primary tools for spiritual direction. Also uses Ignatian Exercises. I have an office in San Francisco where I'm available on Tues mornings or early afternoons. Could meet in Berkeley if the counselee has a suitable location. If anyone emails me, please put "spiritual direction" in the subject line so I don't delete it as spam.		Sliding scale, \$40-60. More flexible with seminary students and their partners/spouses. Will take a couple of folks pro bono
Margaret E. Reiss ✓	2714 Telegraph Ave. Berkeley, CA 94705 510-649-1273 ext 3	MSW; practicing psychotherapy for over 30 yrs; "My goal is to help people overcome the obstacles (including depression and anxiety) that get in their way of having a fulfilling life. I currently work with many U.C. students."	Bus	\$110

Psychotherapists

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Janice A.	Schmidt ✓	2041 Bancroft Way, Ste. 307 Berkeley, CA 94704 510-841-3922	MS; coordinated student support services for Castro Valley Unified School District for 8 yrs; worked as high school counselor for 5 yrs.; in private practice for 3 yrs; seem to have a great connection w/ 20-40 year old range; developmental and existential style; link people to community resources.	Two blocks from Downtown Berkeley BART station; also accessible by bus.	Sliding scale \$130 down to \$100
Madeline Mischo	Shelby ✓	2925 Shattuck Avenue Berkeley, CA 94705 510-568-6221	MA; MFT licensed in 1987; in private practice for 12 yrs; works with individual adults to do solution oriented brief therapy or long-term insight oriented therapy; Certified Clinical Hypnotherapist – use hypnosis for stress mgt., skill development, and healing issues; worked at non-profit mental health program and counseled students with disabilities.	#43 Bus on Shattuck Ave; also, 10 min. walk from Ashby BART station.	Sliding scale \$60-80
Brad F.	Sickenius ✓	2424 Dwight Way, Ste. 8 Berkeley, CA 94704 510-435-6600 drbradsickenius@aol.com	PhD; has provided clinical services for 10+ yrs; specialties: depression, anxiety, identity issues, issues related to spirituality.	Near bus stop and less than a mile from Downtown Berkeley BART station.	Accepts Anthem Blue Cross; private pay.

Psychotherapists

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Deena M.	Solwren ✓	All Things Maternal 5845 College Ave., Ste. 2 Oakland, CA 94618 510-364-2864	LCSW; specializing in infertility, pregnancy, post-partum adjustment, mother/daughter relationships; as well as balancing work and family life; changing roles/ changing self image; for individuals and couples.	Bus and BART	\$110 Sliding scale available
Sandy	Steinman ✓	1429 Acton Street Berkeley, CA 94702 510-526-9699 sandysteinman@comcast.net www.sandysteinman.com	MCSW; private practice since 1981; specialties: recovery issues, stress disorders, anxiety, depression and adjustment disorders, relationship counseling, eating disorders, domestic violence and sex offenders, life coaching; eclectic approach integrating problem focused/solution oriented counseling, and 12-step model of addiction and reality therapy.	Bus and BART	\$100; also accepts insurance, managed care and employee assistance programs. Check website for details.
Claire M.	Stone ✓	1760 Solano Ave. Suite 300 Berkeley, CA 94707 510/868-1874 claire@cstonetherapy.com	Licensed Marriage and Family Therapist and Certified Clinical Hypnotherapist; works with individuals, couples and adolescents; interactive and empathic style, “helping people learn how to better meet their needs and feel self-assured to handle life’s challenges. I work with many issues such as anxiety, depression, relationships, work stress, bereavement, substance abuse, sexual and/or physical abuse, and chronic pain/ illness.”	#65 bus stops one block away	\$95/session and will negotiate fee according to income

Psychotherapists

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Fortunee Kayra	Stuart ✓	2550 9 th St., Suite 115 Berkeley, CA 94710 510-526-9506 fortune@doctorstuart.com	Licensed PhD psychologist working with adults, adolescents and young children; individual and couple psychotherapy; family therapy; formerly the Chief Psychologist of the Child Development Center, Children's Hospital. "I am Jewish, from Turkey, lived in Israel."	Bus on Dwight Way, the cross street to 9 th St.	\$100-130
Annemarie	Sudermann ✓	2718 Telegraph Ave, Ste. 206 Berkeley, CA 94705 510-989-1003 a.sudermann@comcast.net	MA; 10+ yrs. experience; provides psychotherapy services for individuals and couples as well as young adults; works with a wide range of issues including depression, anxiety, identity separation issues, couples relationship issues, loss, pregnancy issues; graduate of Pacifica Graduate Institute and Psychotherapy Institute in Berkeley.	Telegraph Ave. buses or Berkeley BART and the bus; free parking on side.	Sliding scale \$50-100
Susan S.	Vanderburgh ✓	17 Glen Eden Avenue #1 Oakland, CA 94611 510-652-7242	Certified Pastoral Counselor, MFT. Certified Fellow by AAPC. Grief work; adult transition/change; stress management; women's issues; codependence and Adult Children of Alcoholic issues; LGBT; parenting; illness/wellness issues; integration of spiritual/cognitive/emotional/physical aspects of well-being; consultation and supervision for counselors.		Contact for fee information.
Stephen A.	Vernon ✓	1320 Solano Ave., Suite 202 Albany, CA 94706 510-528-8814	MA; adult, family, children and adolescent services specializing in mid-life, transitional and interpersonal issues; Jungian Depth orientation, but experience in brief therapies.	F Line, 43 Line; 10 min. walk along BART path from El Cerrito Plaza BART station	Insurance rates; Sliding scale for private pay
Audrey H.	Webb ✓	2041 Bancroft Way, Ste. 307 Berkeley, CA 94704 510-287-5988	MSW; adult, child and family therapy; also serves the deaf and hard of hearing community.	BART	Private fee - \$95
Ruth E.	White ✓	5625 College Ave, Suite 210 Oakland, CA 94618 510-548-0221 rewth@comcast.net	PhD; in private practice for 30 yrs; sees adults and couples, and deals with a broad range of issues.	Less than a block by BART or bus	\$90-150

Directory of Spiritual Directors, Therapists, & Retreat Centers, 2010 Psychotherapists

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Fran S.	Wickner ✓	1350A Solano Ave, Ste 4 Albany, CA 94706 510-527-4011	PhD, MFT; 25 yrs. experience: individuals, couples, families, and adolescents; see website for more info: www.franwickner.com	Bus stops in front of building	\$115/ hr.
Lawrence J.	Yabroff ✓	2340 Ward St, Ste. 102 Berkeley, CA 94705 510-649-0640 lyabroff@earthlink.net	PhD; experience in individual and couples therapy; subspecialty in chronic pain, illness and disability; in practice as a psychologist for almost 30 yrs.	Bus & BART	Sliding scale

First Name	Last Name	Contact Information	Background/Services	Public Transportation?	Financial/Other
Marie Ryan	Pappas ✓	1514 Grant Street, Berkeley, CA 94709 510-644-2131 feb2639@webtv.net (located in north Berkeley)	Ed.D; MA in Counseling, MDiv from Starr King School for the Ministry; creative and spiritual counseling; “As a lifelong student of process, I have been attracted to rivers of learning into the fields of education, psychology, theology, creative writing, and photography. Years of integrative study and practice have seasoned me in the arts of listening and seeing.” Also is spiritual director.	Bus and BART; also walkable from GTU	Fee negotiable
Bonnie	Ring ✓	Berkeley Office: 2305 Ashby Avenue (just west of Telegraph) Berkeley, CA 94705 650-678-5236 (cell) Moss Creek Office: 2055 Carlos Street Moss Beach, CA 94038 650-728-0555 drbring@pacbell.net	Licensed psychologist and Episcopal priest, CDSP grad '90; Ed.D. '74 from Boston U in Adult Learning and Psychology. Grad of the Mercy Center Program in Spiritual Dir. Provides psychotherapy within a Christian framework and spiritual direction at both locations. Will combine therapy and spiritual direction, if appropriate. Member of the Board and Staff of the Pacific Center for Spiritual Formation and the Pacifica Center for Solitude. Especially sensitive to the subtle movements of the Spirit, the periods of darkness during the journey with God and the issues of vocation and spiritual formation.		\$60 Spiritual Direction \$75-\$100 therapy or Combined Spiritual Direction and Therapy
Garry	Schmidt	Interfaith Counseling Center Main Office: SFTS, 2 Kensington Road San Anselmo, CA 94960 415-258-6652 Ext. Office: Durant House @ FCCB 2345 Channing Ways Berkeley, CA	MDiv.; Pastoral Counseling, Spiritual Direction		GTU students and their family members pay \$55/session.

Directory of Spiritual Directors, Therapists, & Retreat Centers, 2010

Dawn Smith ✓	1721 Scott Street San Francisco, CA 94115 240 Miller 2 nd Floor Mill Valley, CA 94941 415-928-0150	PhD; Masters in clinical psychology; works with adults, couples, adolescents; psychodynamic orientation; issues related to depression, anxiety, relationships, intimacy, and transitions. Sees individuals, couples and adolescents.	Bus lines run on Sutter St. (cross street), and Divisadero (1 block away)	No fee info. given; takes Blue Shield Insurance
Terry Trotter ✓	1035 San Pablo Ave., Ste. 8, Albany, CA, 94706 510-433-7371 terrytrotter@mindspring.com	MFT with specializations in child and family therapy and trauma resolution for all ages.	Bus and 10 min. walk from North Berkeley BART station	Sliding scale
Meg Whitaker-Greene	69 B Corte Madera Avenue Corte Madera, CA 94925 415-927-7074	MFT; MDiv grad of SKSM; licensed and experienced in working with folks on “Holy Hill.”		Special fee for seminarians: \$75 per hour.

Retreat Centers

Retreat Center	Description	Fees/ Etc.
<p>The Bishop's Ranch 5297 Westside Road Healdsburg, CA 95448 707-433-2440 www.bishopsranch.org</p>	<p>Located in Sonoma County, 75 miles north of San Francisco, Bishop's Ranch is owned by the Episcopal Diocese of California. Group retreats are sponsored by the ranch, and individual retreatants are welcome. Individual retreats are scheduled up to two weeks before the visit.</p>	<p>Individuals: \$75/night Double occupancy: \$50/night Meals: breakfast - \$12, lunch - \$14, dinner - \$17 ✓</p>
<p>The Carmelite Monastery House of Prayer 20 Mount Carmel Drive P.O. Box 347 Oakville, CA 94562 707-944-2454 www.thecarmelites.org (go to 'house of prayer')</p>	<p>Situated at the foot of Mount Saint John, the House of Prayer provides guests a setting to find silence and solitude. Private retreats, group retreats, and days of recollection are available. Although preference is given to Roman Catholics, all denominations are welcome. Guests are invited to participate in daily Mass.</p>	<p>\$75 per day. A reduced rate of \$70 per day for those who stay four nights Mon.-Fri.(meals included). ✓</p>
<p>El Retiro San Inigo Jesuit Retreat House 300 Manresa Way Los Altos, CA 94022 650-948-4491 www.jrclosaltos.org kcarroll@jrclosaltos.org</p>	<p>Spiritual retreats in the tradition of Ignatius of Loyola are scheduled most weekends of the year, along with retreats with Advent and Lenten, 12-step recovery, divorce recovery, and midlife transition themes. Also provided are days of recollection, private retreats, individually directed retreats, and 30-day Ignatian retreats; spiritual direction available.</p>	<p>Single day retreats (programmed) \$50. Weekend retreats (programmed): \$225. Rates are also based on individual need. Contact for more information. ✓</p>
<p>Green Gulch Farm Zen Center 1601 Shoreline Highway, Sausalito, CA 94965 • Phone 415-383-3134 • Fax 415-383-3128</p>	<p>Located on the coast north of San Francisco and surrounded by protected lands belonging to the Golden Gate National Recreation Area, Mount Tamalpais State Park, and Marin County Water District, Green Gulch Zen Center is a residential Buddhist retreat center that combines spiritual practice with land stewardship. In addition to environmental awareness and education, Green Gulch is cultivating an ecological ethic of institutional responsibility. This ethic encompasses various kinds of practices (e.g., tree planting, composting, organic farming, organic gardening, water conservation, and waste recycling) and ritual celebrations (e.g., ceremonies of gratitude for the earth and its many gifts). In addition, traditional elements of Zen Buddhism, such as work-practice and an aesthetic of simplicity, help to foster ecologically sensitive attitudes and behaviors in a rural setting conducive to spiritual practice</p>	
<p>Hesed Community 3745 Elston Avenue Oakland, CA 94602 510-482-5573 HESEDONE@aol.com www.hesedcommunity.org</p>	<p>Hesed Community is an Interdenominational, non-residential Benedictine Community teaching and practicing Christian Meditation. Anyone welcome. See the website: www.hesedcommunity.org. Guest room available. Letter of recommendation required for overnight stay; maximum length of stay – 3 days. Director: S. Barbara Hazzard, OSB.</p>	<p>Donations are appreciated. ✓</p>
<p>Incarnation Monastery</p>	<p>Camaldolese monastery located in Berkeley just north of UCB and the GTU.</p>	<p>Requested donation: \$50/person/night</p>

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<p>1369 La Loma Ave. Berkeley, CA 94708 510-845-0601 http://www.incarnationmonastery.com</p>	<p>Each guest room with its own balcony, enjoys a beautiful view of SF Bay; rooms have separate entrances and a shared bath; facilities available for breakfast; Divine Office is recited daily in the chapel.</p>	<p>All guest stays are by advance reservation. Guests are welcome to stay for up to a week. Stays of longer than a week are possible by special arrangement.</p> <p>✓</p>
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Retreat Centers

<p>Incarnation Priory 1601 Oxford Street Berkeley, CA 94709 510-548-3406</p>	<p>A community of the Order of the Holy Cross (Episcopal/Anglican), the priory is located at the corner of Cedar and Oxford next to All Souls Parish. A small guest apartment is available with two bedrooms, a common room, kitchen, and bathroom; both men and women are welcome. Guests are welcome to join the community in the Eucharist or Divine Office but are under no obligation to do so.</p>	<p>Suggested donation: \$40/night, lower rate is negotiable For reservations, contact the Guestmaster</p>
<p>Mercy Center 2300 Adeline Drive Burlingame, CA 94010 650-340-7474 mc@mercyburl.org www.mercy-center.org</p>	<p>Sisters of Mercy; private, directed and 30-day retreats available; daily Eucharist and meditation; spiritual direction available for small additional fee.</p>	<p>5 Day Retreat: \$500 Weekend Retreat: \$250 One Day Retreat: \$125 ✓</p>
<p>Mount Calvary Monastery and Retreat P.O. Box 1296 Santa Barbara, CA 93102 805-962-9855, ext. 10 mtcalvary1@aol.com www.mount-calvary.org</p>	<p>A monastery of the Order of the Holy Cross (Episcopal/Anglican), the monks offer "a ministry of Benedictine hospitality." Three services are available daily, to which retreatants are invited. Individual or group retreats are available for one day or several days during the week or on a weekend, as are study retreats. It is closed on Sundays and Mondays. Mt. Calvary Monastery and Retreat House were destroyed by the Tea Fire on November 13, 2008. The brothers now reside at and operate St. Mary's Retreat House located at 505 E. Los Olivos St., Santa Barbara, CA 93105.</p>	<p>Suggested donation: \$80/person/night for weekday stays, \$180 for weekends; includes room, bed and bath linen and meals. Non-refundable deposit required. ✓</p>
<p>New Camoldoli Retreat House/Hermitage 62475 Coast Hwy 1 at Lucia Big Sur, CA 93920 831-667-2456 monks@contemplation.com www.contemplation.com</p>	<p>The Camoldolese monks live as a community of hermits and reside mostly in quiet in their own cells. The monks meet in chapel four times a day to chant the liturgy and always welcome guests to join them. A monk is available on request for limited guidance, but guests are mostly on their own. Stays are for 2 days to 1 week.</p>	<p>\$70-80/night suggested donation for room and meals. ✓</p>
<p>Presentation Center 19480 Bear Creek Road Los Gatos, CA 95033-9519 408-354-2346 www.presentationcenter.org</p>	<p>Interfaith retreat and conference center sponsored by the Sisters of the Presentation and located in the Santa Cruz Mountains. The center is primarily offered for groups that bring their own programs and facilitators, but Presentation Center also offers on-site programs and the services of a full-time Spiritual Director.. People of all faiths are welcome. The Roman Catholic Mass is celebrated daily for those who wish to participate.</p>	<p>\$78/night, overnight w/ 2-3 meals \$30/day, day use includes lunch 50% deposit required</p>

Retreat Centers

<p>Quaker Center Box 686 Ben Lomond, CA 95005 831-336-8333 mail@quakercenter.org www.quakercenter.org</p>	<p>Towering redwoods enclose this self-service retreat center located on 80 acres of mountainous terrain on the eastern slope of the California coastal range (approximately 80 miles southwest of Berkeley). A network of hiking trails beside flowing creeks provide places for reflection. The center offers time away from one's ordinary routine and the opportunity for writing meditation, reading, and study.</p>	<p>Rates from \$24-61/night. voluntary sliding scale; credit cards not accepted. Kitchen available for personal food prep. ✓</p>
<p>St. Andrew's Abbey 31001 N. Valyermo Road Valyermo, CA 93563 661-944-2178 monks@valyermo.com www.valyermo.com</p>	<p>Located in the High Desert of southern California approximately 70 miles north of L.A. Guests are welcome to join the Benedictine monks in chanting the offices. Additional time in the morning and evening is spent in a slow contemplative reading of the Scriptures. Conferences and workshops on various topics are held at the monastery throughout the year (times and prices vary).</p>	<p>Suggested donation of \$70/person/night for single occupancy and \$60/person/night for double occupancy weekdays(three meals included); weekend rate is \$225 single occupancy and \$150 double occupancy (including 2 nights, 6 meals). ✓</p>
<p>St. Anthony Retreat Center 43816 Sierra Drive/Hwy 198 P.O. Box 249 Three Rivers, CA 93271 559-561-4595 stanthonyretratcenter@yahoo.com www.stanthonyretrat.org</p>	<p>Franciscan retreat center cradled in the foothills of the Sierra Nevada mountains approximately 250 miles southeast of Berkeley, gateway to Sequoia National Park; the center is a quiet, comfortable facility. Semiprivate accommodations are available for ninety people, and one room is handicapped accessible, as are all public areas. Meals are prepared by an experienced kitchen staff. Daily mass celebrated. Programmed retreats offered throughout the year (time and price vary).</p>	<p>\$95/person/night, private room; \$75 /person/night, shared occupancy; \$35/person, day use; \$45/day, commuter (meals included), \$75 for weekend commuter. ✓</p>
<p>St. Columba's Retreat House 12835 Sir Francis Drake Blvd. Inverness, CA 94937 415-669-1039 (Fr. Thomas) saintcolumba@earthlink.net www.stcolumbaretreathouse.com</p>	<p>St. Columba's Episcopal Church, located in West Marin on the Point Reyes Peninsula, surrounded by the National Seashore. The retreat house has space for 32 people in private and dorm rooms; meals not provided but commercial kitchen available; limited disability access on the second floor.</p>	<p>\$40/night/person; \$35 for clergy \$15/person for day retreats. ✓</p>
<p>St. Francis Retreat Center 549 Mission Vineyard Road P.O. Box 970 San Juan Bautista, CA 95045 831-623-4234 info@stfrancisretreat.com www.stfrancisretreat.com</p>	<p>Located approximately 50 miles southeast of San Jose; "Our purpose is to offer a place of spiritual growth, healing, and renewal, both personal and communal." Retreatants may join the monks for communal prayer and worship services. Private retreats are offered as space allows and only Monday through Thursday nights.</p>	<p>\$85/night for double occupancy; \$110 for a private room (both including 3 meals/day). \$29 for day usage, includes meals/snacks. ✓</p>

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Retreat Centers

<p>San Damiano Retreat Center P.O. Box 767 Danville, CA 94526 925-837-9141 www.sandamiano.org</p>	<p>Located 30 miles east of San Francisco, the center overlooks the San Ramon Valley and Mount Diablo. "Our mission is to provide a peaceful environment of natural beauty where spiritual renewal and growth may be sought by people of all faiths and backgrounds." Throughout the gardens and grounds are private meditation areas and shaded footpaths. Programmed retreats, private retreats (with or without spiritual direction), and opportunities for group use of facilities are offered.</p>	<p>\$90/night for private room and 3 meals without spiritual direction; \$130 with one spiritual direction session. ✓</p>
<p>Santa Sabina Center 25 Magnolia Ave. San Rafael, CA 94901 415-457-7727 info@santasabinacenter.org www.retreatsonline.net/santasabina</p>	<p>Adjacent to the campus of Dominican College. Group retreats take place through the year; private retreats are available, space permitting. Also offered: Monthly days of prayer (from 9:00 AM to 2:30 PM). The sisters (Dominican) meet for community prayer at 6:30 each morning and retreatants are welcome. A hermitage is available for day, weekend, or month-long retreats. Snacks and beverages are available for sale, and the cafeteria of Dominican University is a short walk away and includes an espresso cafe that sells sandwiches and salads. Retreatants may store a small amount of food in the refrigerator and prepare simple meals using microwave and toaster oven in the kitchen at Santa Sabina.</p>	<p>\$70/night, for private retreat, includes a simple breakfast. ✓</p>
<p>Serra Retreat Center 3401 Serra Road Malibu, CA 90265 310-456-6631 reservations@serraretreat.com www.serraretreat.com</p>	<p>Franciscan retreat house, located in the hills above the beaches of Malibu; a serene getaway with proximity to the cities of southern California, Serra welcomes people of all faiths and is available year-round except during the Christmas season. No overnight stays on Sundays. Five-night maximum stay. Reservations needed in advance to secure accommodations.</p>	<p>\$120/ night for single; \$90/night/person for double (includes 3 meals served buffet style at set times in the dining room). ✓</p>
<p>Spiritual Ministry Center 4822 Del Mar Ave. San Diego, CA 92107 619-224-1082 spiritmin@aol.com www.spiritmin.org</p>	<p>"We welcome persons of diverse faiths and cultures who seek to deepen their relationship with God and others. Our programs facilitate personal integration in the light of Gospel values." One-on-one directed retreats, including thirty-day Ignatian retreats are provided. The Center also accommodates persons interested in sabbatical retreats; one block from the ocean. No daily liturgies communal prayers, or formal program at the Center itself.</p>	<p>\$70/night; 30-day retreats are \$2100 (\$100 deposit due with registration). Fees include private room/bath, food, and spiritual direction.</p>
<p>Wellspring Retreat Center P. O. Box 332 Philo, CA 95466 707-895-3893 wellspring@pacific.net www.wellspringrenewal.org</p>	<p>Located approximately 130 miles northwest of Berkeley, Wellspring is an interfaith conference and retreat center. Overnight facilities include tents, cabins and lodges. Meals are offered, and a kitchen is available for those who want to prepare their own meals. <i>One mid-week personal renewal retreat offered for clergy, spiritual leaders, and seminarians.</i></p>	<p>Prices for lodging range from \$20-\$225/night/person depending on the facility (tent cabin are \$20). Meal costs: breakfast - \$12, lunch - \$15, dinner - \$23 (groups only).</p>

