

## Retreat Centers in the Bay Area

<p><b>The Bishop's Ranch</b> 5297 Westside Road Healdsburg, CA 95448 707-433-2440 <a href="http://www.bishopsranch.org">www.bishopsranch.org</a></p>	<p>Located in Sonoma County, 75 miles north of San Francisco, Bishop's Ranch is owned by the Episcopal Diocese of California. Group retreats are sponsored by the ranch, and individual retreatants are welcome. Individual retreats are scheduled up to two weeks before the visit.</p>	<p>Individuals: \$75/night Double occupancy: \$50/night Meals: breakfast - \$12, lunch - \$14, dinner - \$17</p>
<p><b>The Carmelite Monastery House of Prayer</b> 20 Mount Carmel Drive P.O. Box 347 Oakville, CA 94562 707-944-2454 <a href="http://www.thecarmelites.org">www.thecarmelites.org</a> (go to 'house of prayer')</p>	<p>Situated at the foot of Mount Saint John, the House of Prayer provides guests a setting to find silence and solitude. Private retreats, group retreats, and days of recollection are available. Although preference is given to Roman Catholics, all denominations are welcome. Guests are invited to participate in daily Mass.</p>	<p>\$75 per day. A reduced rate of \$70 per day for those who stay four nights Mon.-Fri.(meals included).</p>
<p><b>El Retiro San Ignacio Jesuit Retreat House</b> 300 Manresa Way Los Altos, CA 94022 650-948-4491 <a href="http://www.jrclosaltos.org">www.jrclosaltos.org</a> kcarroll@jrclosaltos.org</p>	<p>Spiritual retreats in the tradition of Ignatius of Loyola are scheduled most weekends of the year, along with retreats with Advent and Lenten, 12-step recovery, divorce recovery, and midlife transition themes. Also provided are days of recollection, private retreats, individually directed retreats, and 30-day Ignatian retreats; spiritual direction available.</p>	<p>Single day retreats (programmed) \$50. Weekend retreats (programmed): \$225. Rates are also based on individual need. Contact for more information. ✓</p>
<p><b>Green Gulch Farm Zen Center</b> 1601 Shoreline Highway, Sausalito, CA 94965 • Phone 415-383-3134 • Fax 415-383-3128</p>	<p>Located on the coast north of San Francisco and surrounded by protected lands belonging to the Golden Gate National Recreation Area, Mount Tamalpais State Park, and Marin County Water District, Green Gulch Zen Center is a residential Buddhist retreat center that combines spiritual practice with land stewardship. In addition to environmental awareness and education, Green Gulch is cultivating an ecological ethic of institutional responsibility. This ethic encompasses various kinds of practices (e.g., tree planting, composting, organic farming, organic gardening, water conservation, and waste recycling) and ritual celebrations (e.g., ceremonies of gratitude for the earth and its many gifts). In addition, traditional elements of Zen Buddhism, such as work-practice and an aesthetic of simplicity, help to foster ecologically sensitive attitudes and behaviors in a rural setting conducive to spiritual practice</p>	
<p><b>Hesed Community</b> 3745 Elston Avenue Oakland, CA 94602 510-482-5573 HESEDONE@aol.com <a href="http://www.hesedcommunity.org">www.hesedcommunity.org</a></p>	<p>Hesed Community is an Interdenominational, non-residential Benedictine Community teaching and practicing Christian Meditation. Anyone welcome. See the website: <a href="http://www.hesedcommunity.org">www.hesedcommunity.org</a>. Guest room available. Letter of recommendation required for overnight stay; maximum length of stay – 3 days. Director: S. Barbara Hazzard, OSB.</p>	<p>Donations are appreciated. ✓</p>
<p><b>Incarnation Monastery</b> 1369 La Loma Ave. Berkeley, CA 94708 510-845-0601 <a href="http://www.incarnationmonastery.com">www.incarnationmonastery.com</a></p>	<p>Camaldolese monastery located in Berkeley just north of UCB and the GTU. Each guest room with its own balcony, enjoys a beautiful view of SF Bay; rooms have separate entrances and a shared bath; facilities available for breakfast; Divine Office is recited daily in the chapel.</p>	<p>Requested donation: \$50/person/night All guest stays are by advance reservation. Guests are welcome to stay for up to a week.</p>

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<p><b>Incarnation Priory</b> 1601 Oxford Street Berkeley, CA 94709 510-548-3406</p>	<p>A community of the Order of the Holy Cross (Episcopal/Anglican), the priory is located at the corner of Cedar and Oxford next to All Souls Parish. A small guest apartment is available with two bedrooms, a common room, kitchen, and bathroom; both men and women are welcome. Guests are welcome to join the community in the Eucharist or Divine Office but are under no obligation to do so.</p>	<p>Suggested donation: \$40/night, lower rate is negotiable For reservations, contact the Guestmaster</p>
<p><b>Mercy Center</b> 2300 Adeline Drive Burlingame, CA 94010 650-340-7474 mc@mercyburl.org <a href="http://www.mercy-center.org">www.mercy-center.org</a></p>	<p>Sisters of Mercy; private, directed and 30-day retreats available; daily Eucharist and meditation; spiritual direction available for small additional fee.</p>	<p>5 Day Retreat: \$500 Weekend Retreat: \$250 One Day Retreat: \$125 ✓</p>
<p><b>Mount Calvary Monastery and Retreat</b> P.O. Box 1296 Santa Barbara, CA 93102 805-962-9855, ext. 10 <a href="mailto:mtcalvary1@aol.com">mtcalvary1@aol.com</a> <a href="http://www.mount-calvary.org">www.mount-calvary.org</a></p>	<p>A monastery of the Order of the Holy Cross (Episcopal/Anglican), the monks offer "a ministry of Benedictine hospitality." Three services are available daily, to which retreatants are invited. Individual or group retreats are available for one day or several days during the week or on a weekend, as are study retreats. It is closed on Sundays and Mondays. Mt. Calvary Monastery and Retreat House were destroyed by the Tea Fire on November 13, 2008. The brothers now reside at and operate St. Mary's Retreat House located at 505 E. Los Olivos St., Santa Barbara, CA 93105.</p>	<p>Suggested donation: \$80/person/night for weekday stays, \$180 for weekends; includes room, bed and bath linen and meals. Non-refundable deposit required. ✓</p>
<p><b>New Camoldoli Retreat House/Hermitage</b> 62475 Coast Hwy 1 at Lucia Big Sur, CA 93920 831-667-2456 monks@contemplation.com <a href="http://www.contemplation.com">www.contemplation.com</a></p>	<p>The Camoldolese monks live as a community of hermits and reside mostly in quiet in their own cells. The monks meet in chapel four times a day to chant the liturgy and always welcome guests to join them. A monk is available on request for limited guidance, but guests are mostly on their own. Stays are for 2 days to 1 week.</p>	<p>\$70-80/night suggested donation for room and meals. ✓</p>
<p><b>Presentation Center</b> 19480 Bear Creek Road Los Gatos, CA 95033-9519 408-354-2346 <a href="http://www.presentationcenter.org">www.presentationcenter.org</a></p>	<p>Interfaith retreat and conference center sponsored by the Sisters of the Presentation and located in the Santa Cruz Mountains. The center is primarily offered for groups that bring their own programs and facilitators, but Presentation Center also offers on-site programs and the services of a full-time Spiritual Director.. People of all faiths are welcome. The Roman Catholic Mass is celebrated daily for those who wish to participate.</p>	<p>\$78/night, overnight w/ 2-3 meals \$30/day, day use includes lunch 50% deposit required</p>
<p><b>Quaker Center</b> Box 686 Ben Lomond, CA 95005 831-336-8333</p>	<p>Towering redwoods enclose this self-service retreat center located on 80 acres of mountainous terrain on the eastern slope of the California coastal range (approximately 80 miles southwest of Berkeley). A network of hiking trails beside flowing creeks provide places for reflection. The center offers time away from one's ordinary routine and the</p>	<p>Rates from \$24-61/night. voluntary sliding scale; credit cards not accepted. Kitchen available for personal food prep.</p>

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<p>mail@quakercenter.org www.quakercenter.org</p>	<p>opportunity for writing meditation, reading, and study.</p>	<p style="text-align: center;">✓</p>
<p><b>St. Andrew's Abbey</b> 31001 N. Valyermo Road Valyermo, CA 93563 661-944-2178 monks@valyermo.com <a href="http://www.valyermo.com">www.valyermo.com</a></p>	<p>Located in the High Desert of southern California approximately 70 miles north of L.A. Guests are welcome to join the Benedictine monks in chanting the offices. Additional time in the morning and evening is spent in a slow contemplative reading of the Scriptures. Conferences and workshops on various topics are held at the monastery throughout the year (times and prices vary).</p>	<p>Suggested donation of \$70/person/night for single occupancy and \$60/person/night for double occupancy weekdays(three meals included); weekend rate is \$225 single occupancy and \$150 double occupancy (including 2 nights, 6 meals). ✓</p>
<p><b>St. Anthony Retreat Center</b> 43816 Sierra Drive/Hwy 198 P.O. Box 249 Three Rivers, CA 93271 559-561-4595 stanthonyretreatcenter@ yahoo.com <a href="http://www.stanthonyretreat.org">www.stanthonyretreat.org</a></p>	<p>Franciscan retreat center cradled in the foothills of the Sierra Nevada mountains approximately 250 miles southeast of Berkeley, gateway to Sequoia National Park; the center is a quiet, comfortable facility. Semiprivate accommodations are available for ninety people, and one room is handicapped accessible, as are all public areas. Meals are prepared by an experienced kitchen staff. Daily mass celebrated. Programmed retreats offered throughout the year (time and price vary).</p>	<p>\$95/person/night, private room; \$75 /person/night, shared occupancy; \$35/person, day use; \$45/day, commuter (meals included), \$75 for weekend commuter. ✓</p>
<p><b>St. Columba's Retreat House</b> 12835 Sir Francis Drake Blvd. Inverness, CA 94937 415-669-1039 (Fr. Thomas) <a href="mailto:saintcolumba@earthlink.net">saintcolumba@earthlink.net</a> <a href="http://www.stcolumbaretreathouse.com">www.stcolumbaretreathouse.com</a></p>	<p>St. Columba's Episcopal Church, located in West Marin on the Point Reyes Peninsula, surrounded by the National Seashore. The retreat house has space for 32 people in private and dorm rooms; meals not provided but commercial kitchen available; limited disability access on the second floor.</p>	<p>\$40/night/person; \$35 for clergy \$15/person for day retreats. ✓</p>
<p><b>St. Dorothy's Rest</b> <a href="http://www.stdorothysrest.org/index2.html">www.stdorothysrest.org/index2.html</a> POBox B, Camp Meeker, CA 95419 (707) 874-3319 Fax: (707) 874-3349 Email: <a href="mailto:sdrr@monitor.net">sdrr@monitor.net</a></p>	<p>A redwood forest provides a magnificent backdrop for St. Dorothy's Rest, as the majestic trees lend an aura of serenity to all of camp and instill in guests and campers an appreciation of nature. Retreat guests and campers are welcomed into a rich historical tradition at the oldest continually-operating summer camp in California, sleeping in historic buildings from the Arts-and-Crafts movement of the early 1900s. A variety of lodging options are available for vestry, parish, and individual retreats with single and double occupancy rooms to dorms that sleep 15-30. With a dining room that accommodates up to 80, food is hearty, seasonal, and delicious, purchased weekly from local vendors.</p>	<p>\$44.00 per person per night (double occupancy) One Night Friday or Saturday --\$67.00 per person Single occupancy add \$10.00 per person per night Adult use of Dorm rooms deduct \$5.00 per person per night. Day Use - \$20.00 per person per day. Meals: \$12.00 per person per meal. (Vegetarian options are available with advanced notice)</p>
<p><b>St. Francis Retreat Center</b> 549 Mission Vineyard Road P.O. Box 970 San Juan Bautista, CA 95045 831-623-4234 info@stfrancisretreat.com <a href="http://www.stfrancisretreat.com">www.stfrancisretreat.com</a></p>	<p>Located approximately 50 miles southeast of San Jose; "Our purpose is to offer a place of spiritual growth, healing, and renewal, both personal and communal." Retreatants may join the monks for communal prayer and worship services. Private retreats are offered as space allows and only Monday through Thursday nights.</p>	<p>\$85/night for double occupancy; \$110 for a private room (both including 3 meals/day). \$29 for day usage, includes meals/snacks. ✓</p>

<p><b>San Damiano Retreat Center</b></p>	<p>Located 30 miles east of San Francisco, the center overlooks the San Ramon Valley and Mount Diablo. "Our mission is to provide a peaceful environment of natural beauty where spiritual</p>	<p>\$90/night for private room and 3 meals without spiritual direction; \$130 with one</p>
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<p>P.O. Box 767 Danville, CA 94526 925-837-9141 <a href="http://www.sandamiano.org">www.sandamiano.org</a></p>	<p>renewal and growth may be sought by people of all faiths and backgrounds.” Throughout the gardens and grounds are private meditation areas and shaded footpaths. Programmed retreats, private retreats (with or without spiritual direction), and opportunities for group use of facilities are offered.</p>	<p>spiritual direction session. ✓</p>
<p><b>Santa Sabina Center</b> 25 Magnolia Ave. San Rafael, CA 94901 415-457-7727 <a href="mailto:info@santasabinacenter.org">info@santasabinacenter.org</a> <a href="http://www.retreatsonline.net/santasabina">www.retreatsonline.net/santasabina</a></p>	<p>Adjacent to the campus of Dominican College. Group retreats take place through the year; private retreats are available, space permitting. Also offered: Monthly days of prayer (from 9:00 AM to 2:30 PM). The sisters (Dominican) meet for community prayer at 6:30 each morning and retreatants are welcome. A hermitage is available for day, weekend, or month-long retreats. Snacks and beverages are available for sale, and the cafeteria of Dominican University is a short walk away and includes an espresso cafe that sells sandwiches and salads. Retreatants may store a small amount of food in the refrigerator and prepare simple meals using microwave and toaster oven in the kitchen at Santa Sabina.</p>	<p>\$70/night, for private retreat, includes a simple breakfast. ✓</p>
<p><b>Serra Retreat Center  </b> 3401 Serra Road Malibu, CA 90265 310-456-6631 <a href="mailto:reservations@serraretreat.com">reservations@serraretreat.com</a> <a href="http://www.serraretreat.com">www.serraretreat.com</a></p>	<p>Franciscan retreat house, located in the hills above the beaches of Malibu; a serene getaway with proximity to the cities of southern California, Serra welcomes people of all faiths and is available year-round except during the Christmas season. No overnight stays on Sundays. Five-night maximum stay. Reservations needed in advance to secure accommodations.</p>	<p>\$120/ night for single; \$90/night/person for double (includes 3 meals served buffet style at set times in the dining room). ✓</p>
<p><b>Spiritual Ministry Center</b> 4822 Del Mar Ave. San Diego, CA 92107 619-224-1082 <a href="mailto:spiritmin@aol.com">spiritmin@aol.com</a> <a href="http://www.spiritmin.org">www.spiritmin.org</a></p>	<p>"We welcome persons of diverse faiths and cultures who seek to deepen their relationship with God and others. Our programs facilitate personal integration in the light of Gospel values." One-on-one directed retreats, including thirty-day Ignatian retreats are provided. The Center also accommodates persons interested in sabbatical retreats; one block from the ocean. No daily liturgies communal prayers, or formal program at the Center itself.</p>	<p>\$70/night; 30-day retreats are \$2100 (\$100 deposit due with registration). Fees include private room/bath, food, and spiritual direction.</p>
<p><b>Vallombrosa Retreat Center</b> 250 Oak Grove Ave, Menlo Park, CA 94025 • 650-325-5614 • Fax 650-325-0908 <a href="http://www.vallombrosa.org/">www.vallombrosa.org/</a></p>	<p>Vallombrosa is a retreat and conference center owned and operated by the Archdiocese of San Francisco. In addition to providing a number of its own specialized retreats and workshops, Vallombrosa Center welcomes other organizations seeking a facility for their own retreats, seminars, conferences or workshops.</p>	
<p><b>Wellspring Retreat Center</b> P. O. Box 332 Philo, CA 95466 707-895-3893 <a href="mailto:wellspring@pacific.net">wellspring@pacific.net</a> <a href="http://www.wellspringrenewal.org">www.wellspringrenewal.org</a></p>	<p>Located approximately 130 miles northwest of Berkeley, Wellspring is an interfaith conference and retreat center. Overnight facilities include tents, cabins and lodges. Meals are offered, and a kitchen is available for those who want to prepare their own meals. <i>One mid-week personal renewal retreat offered for clergy, spiritual leaders, and seminarians.</i></p>	<p>Prices for lodging range from \$20-\$225/night/person depending on the facility (tent cabin are \$20). Meal costs: breakfast - \$12, lunch - \$15, dinner - \$23 (groups only).</p>